

DTE - DC - PHYSICAL EDUCATION

FURTHER READING

INDIGENOUS GAMES

How are indigenous games played?

Each game has its own rules. Players are expected to obey the rules of each game. These rules are just a guide. The teacher can modify the rules to suit the number of learners, the time and resources available.

Rules of Ajua board game.

The objective of the game is to win many pieces from your opponent.

1. Choose a row circle on your side of the Ajua board.
2. Pick the stones in the first space and drop one stone in each space going clockwise until all the stones are played out
3. The game ends when either player has no more stones in their six circles.

This game can be organized to be played by individuals or as groups.

1. Observe the rules of the board games.
2. Use legal tactics to win against your opponent.
3. Display sportsmanship by acknowledging a win or loss.
4. Play some appropriate music in the background as you play.
5. Apply strategies and tactics as you play the board games.



Improvisation for Indigenous games

The indigenous games that require equipment can easily be improvised. In case of an Ajua board, holes can be dug on the ground to represent the board. Soft egg tray can also be used as a board while small stones or large beads can be used to play the game.