

Further Reading

Water-Washed and Water-Borne

B. Common Water-Washed Diseases & Symptoms

Disease	Causes (Pathogen)	Signs & Symptoms
Trachoma	Bacteria (Chlamydia trachomatis)	Eye irritation, swelling, blindness in severe cases
Scabies	Parasitic mites (Sarcoptes scabiei)	Severe itching, skin rashes, sores
Ringworm	Fungi (Dermatophytes)	Circular itchy rashes on skin or scalp
Leprosy	Bacteria (Mycobacterium leprae)	Skin lesions, numbness, muscle weakness

3. Prevention of Water-Washed and Water-Borne Diseases

- ✓ Access to Clean Water: Drink treated or boiled water
- ✓ Proper Sanitation: Use latrines/toilets and avoid open defecation
- ✓ Handwashing Practices: Wash hands with soap regularly
- ✓ Food Safety: Cook food thoroughly and wash fruits/vegetables with clean water
- ✓ Environmental Hygiene: Proper disposal of waste and sewage management

4. Control Measures for Water-Washed and Water-Borne Diseases

- ✓ Water Treatment: Boiling, chlorination, and filtration of drinking water
- ✓ Vaccination: Immunization against diseases like cholera, typhoid, and hepatitis A
- ✓ Health Education: Community awareness about hygiene and disease prevention
- ✓ Public Health Policies: Government efforts to improve water supply and sanitation
- ✓ Medical Treatment: Timely diagnosis and use of antibiotics or antiviral medications